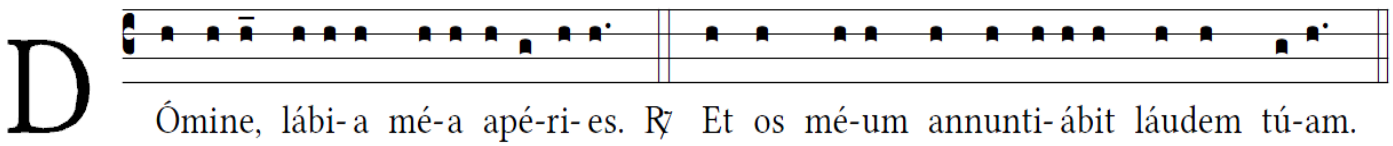
Solemn Lauds

Solemnity of the Ascension

Opening Prayer

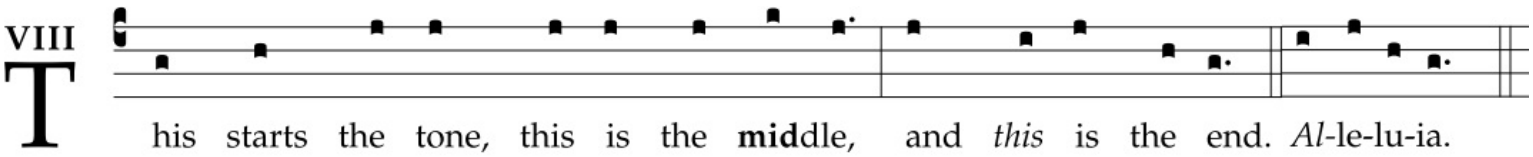
make the Sign of the Cross on your lips



Lord, + open my lips. *And my mouth shall proclaim your praise.*

Invitatory Psalm

Mode



Psalm 95
A call to praise God
Encourage each other daily while it is still today (Hebrews 3:13)

Cantor — Alleluia, come, let us worship Christ the Lord as he ascends into **hea**ven, * Alleluia.

East Choir
Come, let us ring out our joy to **the** LORD; *
hail the *rock* who saves us.
Let us come into his presence, gi**ving** thanks; *
let us hail him with *a* song of praise.
Alleluia, come, let us worship Christ the Lord as he ascends into **hea**ven, * Alleluia.

West Choir
A mighty God is **the** LORD, *
a great king *a*bove all gods.
In his hands are the depths of **the** earth; *
the heights of the *moun*tains are his.
To him belongs the sea, for he **made** it, *
and the dry land that he *shaped* by his hands.
Alleluia, come, let us worship Christ the Lord as he ascends into **hea**ven, * Alleluia.

East Choir
O come; let us bow and **bend** low. *
Let us kneel before the *God* who made us,
for he is our God **and** we *
the people who belong to his pasture,
the flock that is *led* by his hand.
Alleluia, come, let us worship Christ the Lord as he ascends into **hea**ven, * Alleluia.

West Choir
O that today you would listen to **his** voice! *
"Harden not your hearts as *at* Meribah,

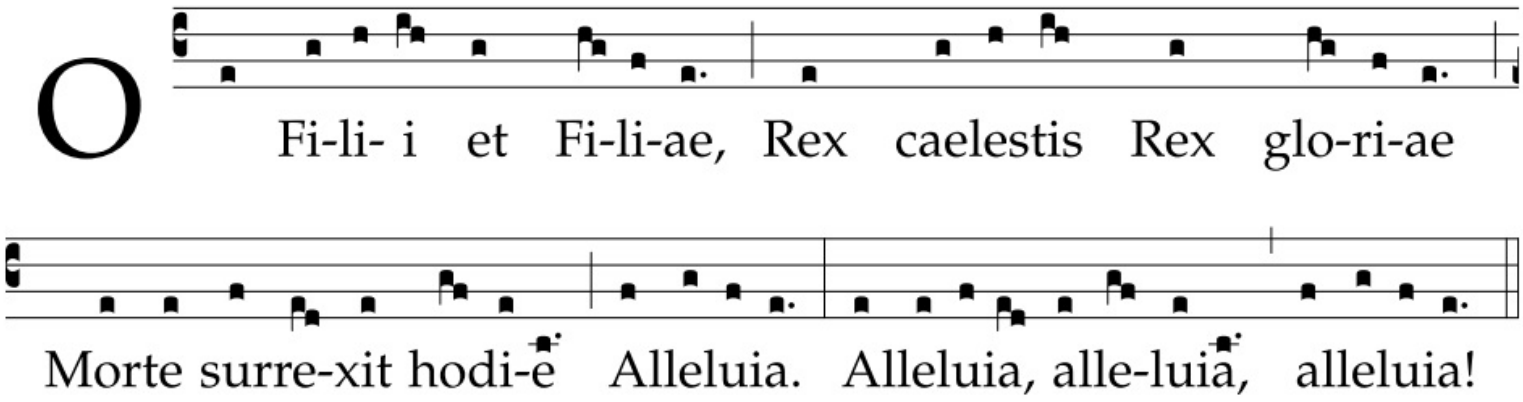
as on that day at Massah in the **de**sert *
when your forebears put me to the test;
when they tried me, though *they* saw my work.
Alleluia, come, let us worship Christ the Lord as he ascends into **hea**ven, * *Al*leluia.

East Choir — For forty years I wearied of that gener**a**tion, *
and I said, 'Their *hearts* are astray;
this people does not know **my** ways.' *
Then I took an oath in my anger,
'Never shall they *en*ter my rest.'"

Full Choir — Glory be to the Father and to the Son and to the Holy **Spi**rit. *
profound bow — As it was in the beginning is now,
and ever shall be world with*out* end. Amen. *Al*leluia.

Full Choir — Alleluia, come, let us worship Christ the Lord as he ascends into **hea**ven, * *Al*leluia.

Hymn

O Fílii et Fíliae

Cantor: ***Alleluia, Alleluia, Alleluia.***

Full Choir:

O filii et filiae, Rex caelestis, Rex gloriae
morte surrexit hodie. Alleluia.
Ex mane prima Sabbati ad ostium monumenti
accesserunt discipuli. Alleluia.
In albis sedens angelus, praedixit mulieribus:
In Galilaea est Dominus. Alleluia.
Alleluia, Alleluia, Alleluia!

Vide Thoma, vide latus, vide pedes, vide manus,
noli esse incredulus. Alleluia.
Quando Thomas vidit Christum, pedes, manus, latus suum,
dixit: Tu es Deus meus. Alleluia.
Alleluia, Alleluia, Alleluia!

In hoc festo sanctissimo sit laus et jubilatio:
benedicamus Domino. Alleluia.
Ex quibus nos humillimas, devotas atque debitas
Deo dicamus gratias. Alleluia.
Alleluia, Alleluia, Alleluia!

Cantor: Alleluia, Alleluia, Alleluia.

Full Choir:

Ye sons and daughters of the Lord, the King of glory, King adored, this day Himself from death restored.
All in the early morning gray, went holy women on their way, to see the tomb where Jesus lay.
The straightaway one in white they see, who saith, "seek the Lord: but He is risen and gone to Galilee."
R. Alleluia

"Thomas, behold my side," saith He; "My hands, My feet, My body see, and doubt not, but believe in Me."
When Thomas saw that wounded side, the truth no longer he denied; "Thou art my Lord and God!" he cried.
R.Alleluia

Now let us praise the Lord most high, and strive His name to magnify on this great day, through earth and sky:
Whose mercy ever runneth o'er; Whom men and Angel hosts adore; to Him be glory evermore.
R. Alleluia

Psalmody

Psalm 63:2-9

A soul thirsting for God

Whoever has left the darkness of sin, yearns for God.

Cantor — Men of Galilee, why are you looking up into **the** sky? *
This Jesus who has been taken up into heaven will return in the same way, *Al*leluia.

East Choir

O God, you are my God; at dawn I **seek** you; *
for you my *soul* is thirsting.
For you my flesh is **pin**ing, *
like a dry, weary land *with*out water.
I have come before you in the sanctu**a**ry, *
to behold your strength *and* your glory.

West Choir — Your loving mercy is better **than** life; *
my lips *will* speak your praise.
I will bless you all **my** life; *
in your name I will *lift* up my hands.
My soul shall be filled as with a **ban**quet; *
with joyful lips, my *mouth* shall praise you.
Men of Galilee, why are you looking up into **the** sky? *
This Jesus who has been taken up into heaven will return in the same way, *Al*leluia.

East Choir — When I remember you upon **my** bed, *
I muse on you through the wat*ches* of the night.
For you have been **my** strength; *
in the shadow of your *wings* I rejoice.
My soul clings fast **to** you; *
your right *hand* upholds me.

Full Choir — Glory be to the Father and to the Son and to the Holy **Spi**rit. *
profound bow — As it was in the beginning is now,
and ever shall be world with*out* end. Amen. *Al*leluia.

Cantor — Father, creator of unfailing light, give that same light to those who call to you. May our lips praise you; our lives proclaim your goodness; our work give you honor, and our voices celebrate you for ever.

Full Choir — Men of Galilee, why are you looking up into **the** sky? *
This Jesus who has been taken up into heaven will return in the same way, *Al*leluia.

Daniel 3:57-88,56

Let all creatures praise the Lord

All you servants of the Lord, sing praise to him (Revelation 19:5)

Cantor — Give glory to the King **of** kings, * sing praise to God, *al*leluia.

Full Choir — Bless the Lord, all you works of **the** Lord. *
Praise and exalt him above *all* forever.

East Choir — Angels of the Lord, bless **the** Lord. *
West Choir — You hea*vens*, bless the Lord.
East Choir — All you waters above the heavens, bless **the** Lord. *

West Choir &c.
All you hosts of the *Lord*, bless the Lord.
Sun and moon, bless **the** Lord. *
Stars of hea*ven*, bless the Lord.
Every shower and dew, bless **the** Lord. *
All of you *winds*, bless the Lord.
Fire and heat, bless **the** Lord. *
Cold and *chill,* bless the Lord.
Dew and rain, bless **the** Lord. *
Frost and *chill*, bless **the** Lord.
Ice and snow, bless **the** Lord. *
Nights and *days*, bless the Lord.
Lights and darkness, bless **the** Lord. *
Lightnings and *clouds*, bless the Lord.

Full Choir
Let the earth bless **the** Lord. *
Praise and exalt him above *all* forever.

East Choir
Mountains and hills, bless **the** Lord. *
West Choir
Everything growing from the *earth*, bless the Lord.
East Choir
You springs, bless **the** Lord. *
West Choir &c.
Seas and ri*vers*, bless the Lord.
You dolphins and all water creatures, bless **the** Lord. *
All you birds of the *air*, bless the Lord.
All you beasts, wild and tame, bless **the** Lord. *
You sons of *men*, bless the Lord.

Full Choir
O Israel, bless **the** Lord. *
Praise and exalt him above *all* forever.

East Choir
Priests of the Lord, bless **the** Lord. *
West Choir &c.
Servants of the *Lord*, bless the Lord.
Spirits and souls of the just, bless **the** Lord. *
Holy men of humble *heart*, bless the Lord.

Full Choir
Hananiah, Azariah, Mishael, bless **the** Lord.
Praise and exalt him above *all* forever.
profound bow
Let us bless the Father, and the Son, and the Holy **Spi**rit. *
Let us praise and exalt him above *all* forever.
Blessed are you, Lord, in the firmament of **hea**ven. *
Praiseworthy and glorious and exalted above *all* forever.

Full Choir
Give glory to the King **of** kings, * sing praise to God, *al*leluia.

Psalm 149

The joy of God's holy people

Let the sons of the Church, the children of the new people, rejoice in Christ, their King (Hesychius).

Cantor
As they watched, he was lif**ted** up, *
and a cloud took him from their sight, *al*leluia.

East Choir
Sing a new song to **the** LORD, *
his praise in the assembly *of* the faithful.
Let Israel rejoice in its **Ma**ker; *
let Sion's children ex*ult* in their king.

Let them praise his name with **dan**cing, *
and make music with *tim*brel and harp.
As they watched, he was lifted up, *
and a cloud took him from their sight, *al*leluia.

West Choir — For the LORD takes delight in his **peo**ple; *
he crowns the poor *with* salvation.
Let the faithful exult in **glo**ry, *
and rejoice as *they* take their rest.
Let the praise of God be in **their** mouths *
and a two-edged *sword* in their hand,

East Choir — To deal out vengeance to the **na**tions *
and punishment u*pon* the peoples;
to bind their kings **in** chains *
and their nobles in fet*ters* of iron;
to carry out the judgment **de**creed. *
This is an honor for *all* his faithful.

Full Choir — Glory be to the Father and to the Son and to the Holy **Spi**rit. *
profound bow — As it was in the beginning is now,
and ever shall be world with*out* end. Amen. *Al*leluia.

Cantor — Let Israel rejoice in you, Lord, and acknowledge you as creator and redeemer. We put our trust in your faithfulness and proclaim the wonderful truths of salvation. May your loving kindness embrace us now and for ever.

Full Choir — As they watched, he was lif**ted** up, *
and a cloud took him from their sight, *al*leluia.

Reading

Hebrews 10:12-14

Jesus offered one sacrifice for sins and took his seat forever at the right hand of God; now he waits until his enemies are placed beneath his feet. By one offering he has forever perfected those who are being sanctified.

(silent reflection)

Responsory

Cantor — Christ ascended into **hea**ven, * alleluia, *al*leluia.
Full Choir — Christ ascended into **hea**ven, * alleluia, *al*leluia.
Cantor — He led captivity **cap**tive. *
Full Choir — -alleluia, *al*leluia.
Cantor — Glory be to the Father and to **the** Son * and to the *Ho*ly Spirit.
Full Choir — Christ ascended into **hea**ven, * alleluia, *al*leluia.

Benedictus

Luke 1:68-79

Cantor — I am ascending to my Father and your **Fa**ther, *
to my God and your God, *al*leluia.

make the Sign of the Cross

East Choir — Blessed be the Lord, the God of Is**ra**el; *
he has come to his people *and* set them free.

West Choir — He has raised up for us a mighty **sa**vior, *
born of the house of his *ser*vant David.

East Choir — Through his holy prophets he promised **of** old *
that he would save us from our enemies,
from the hands of *all* who hate us.

West Choir — He promised to show mercy to our **fa**thers, *
and to remember his ho*ly* covenant.

East Choir — This was the oath he swore to our father Ab**ra**ham: *
to set us free from the hands of *our* enemies,
free to worship him with**out** fear, *
holy and righteous in his sight all the *days* of our life.

West Choir — You, my child, shall be called the prophet of the **Most** High; *
for you will go before the Lord to *pre*pare his way,
to give his people knowledge of sal**va**tion *
by the forgive*ness* of their sins.

East Choir — In the tender compassion of **our** God *
the dawn from on high shall *break* upon us,
to shine on those who dwell in darkness and the shadow **of** death, *
and to guide our feet into *the* way of peace.

Full Choir — Glory be to the Father and to the Son and to the Holy **Spi**rit. *
profound bow — As it was in the beginning is now,
and ever shall be world with*out* end. Amen. *Al*leluia.

Full Choir — I am ascending to my Father and your **Fa**ther, *
to my God and your God, *al*leluia.

Intercessions

Lector — The Lord has been lifted high above the earth and draws all things to **him**self.
Let us cry out to *him* in our joy:

Full Choir — Lord Jesus, you are the *King* of glory.

Lector — Lord Jesus, King of glory, you were offered once as the victim for sins, and ascended to the right hand of the **Fa**ther. Make perfect for all time those whom *you* sanctify.

Full Choir — Lord Jesus, you are the *King* of glory.

Lector — Eternal Priest and minister of the new Covenant, you live for ever to make intercession **for** us.
Save the people *that* prays to you.

Full Choir — Lord Jesus, you are the *King* of glory.

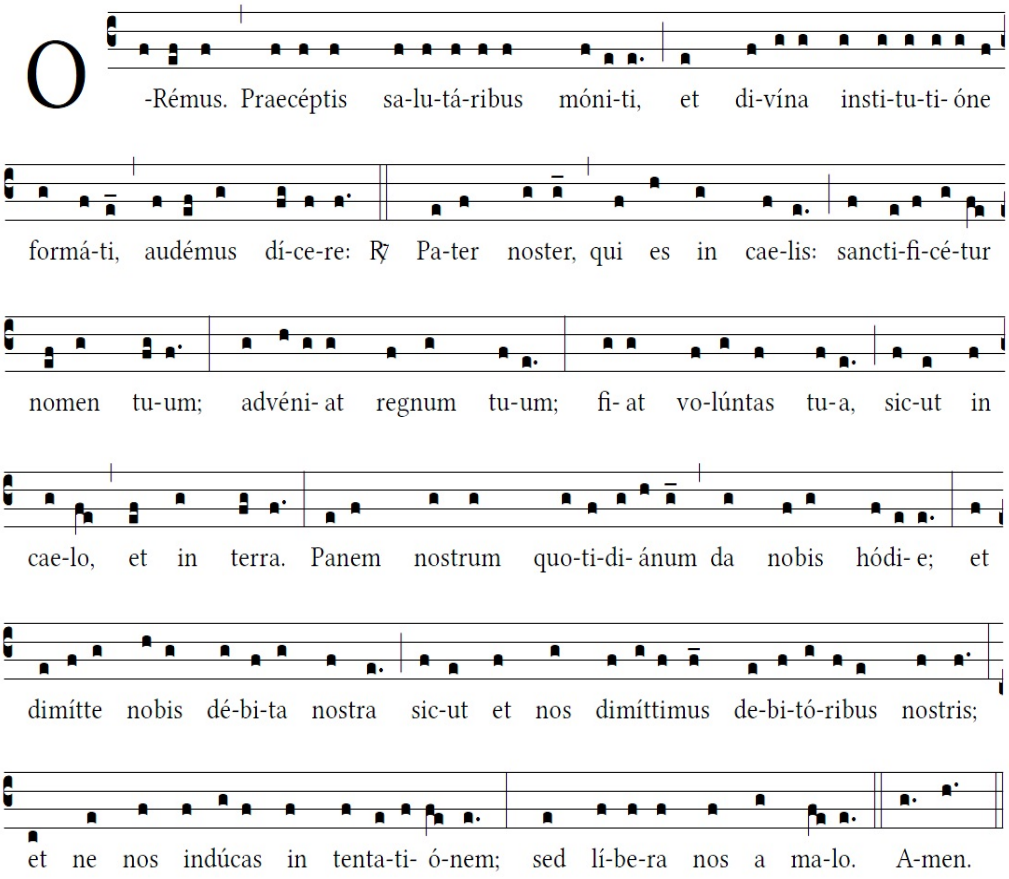
Lector — You showed yourself alive after your passion and appeared to the disciples for for**ty** days.
Confirm *our* faith today.

Full Choir — Lord Jesus, you are the *King* of glory.

Lector — Today you promised the Spirit to your apostles, to make them your witnesses to the ends of **the** earth. By the power of the Spirit strengthen *our* own witness.

Full Choir — Lord Jesus, you are the *King* of glory.

Lord's Prayer


O -Rémus. Praecéptis sa-lu-tá-ribus móni-ti, et di-vína insti-tu-ti- óne
formá-ti, audémus dí-ce-re: ℣ Pa-ter noster, qui es in cae-lis: sancti-fi-cé-tur
nomen tu-um; advéni- at regnum tu-um; fi- at vo-lúntas tu-a, sic-ut in
cae-lo, et in terra. Panem nostrum quo-ti-di- ánum da nobis hódi- e; et
dimítte nobis dé-bi-ta nostra sic-ut et nos dimíttimus de-bi-tó-ribus nostris;
et ne nos indúcas in tenta-ti- ó-nem; sed lí-be-ra nos a ma-lo. A-men.

Let us pray. At the savior's command, and formed by divine teaching, we dare to say: Our Father...

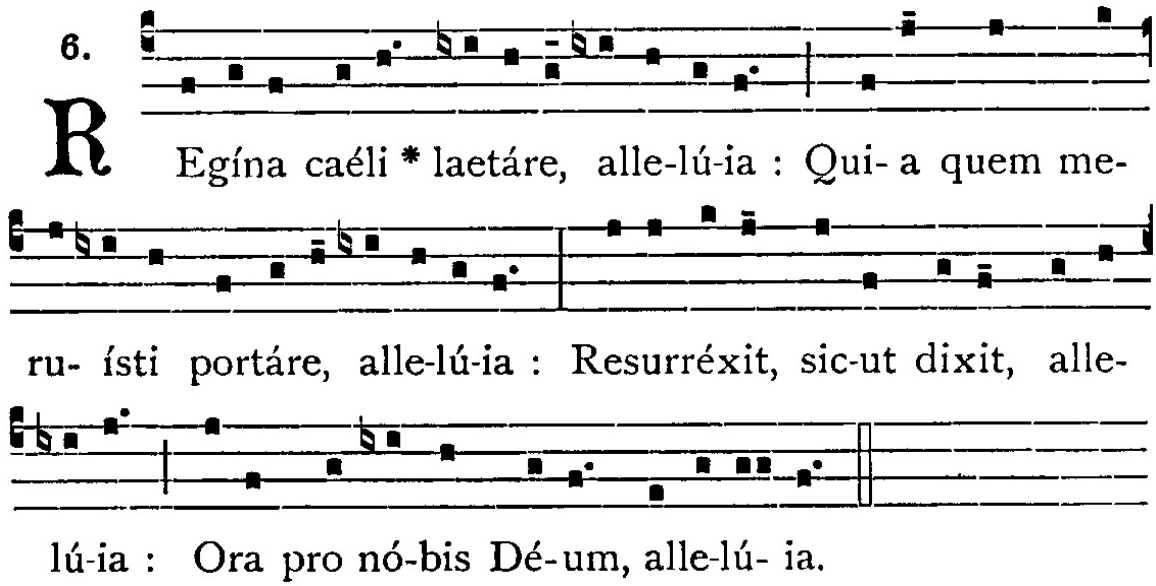
Prayer

God our Father, make us joyful in the ascension of your Son Jesus Christ. May we follow him into the new creation, for his ascension is our glory and our hope. We ask this through our Lord Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. R. Amen.

Blessing

Dóminus + nos benedicat, et ab omni malo deféndat, et ad vitam perdúcat aetérnam. R. Amen.

May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.

Marian Antiphon

6.
R Egína caéli * laetáre, alle-lú-ia : Qui- a quem me-
ru- ísti portáre, alle-lú-ia : Resurréxit, sic-ut dixit, alle-
lú-ia : Ora pro nó-bis Dé-um, alle-lú- ia.

Queen of Heaven, rejoice, alleluia. For He whom

you did merit to bear, alleluia. Has risen, as He said, alleluia.

Pray for us to God, alleluia.

Cantor: Gaude et laetare, Virgo Maria, allelu*ia.* *(Rejoice and be glad, O Virgin Mary, alleluia.)*
Full Choir: Quia surrexit Dominus vere, allelu*ia.* *(For the Lord has truly risen, alleluia.)*

Orémus. Deus, qui per resurrectiónem Fílii tui Dómini nostri Jesu Christi mundum laetificáre dignátus es,
Let us pray. O God, who didst vouchsafe to give joy to the world through the Resurrection of Thy Son our Lord Jesus Christ:
praesta, quaesumus, ut per ejus Genitrícem Vírginem Maríam perpétuae capiámus gáudia vitae.
grant, we beseech Thee, that, through His Mother, the Virgin Mary, we may obtain the joys of everlasting life.
Per eumdem Christum Dóminum nostrum. R. Amen
Through the same Christ our Lord. R. Amen.